

ELDERGROW

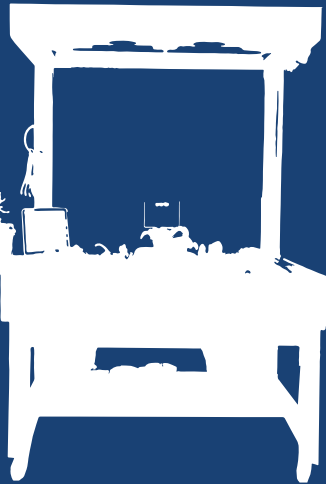
An Eldergrow therapy garden is **interactive, mobile,**

and available for gardening



12

months a year



Benefits to the community:



Tour stop and showpiece



Redirect tool for staff



Harvest for events and family dinners



Focal point for family visits

75%
of households age 55+ participate in some form of a garden activity



74%
of all U.S. households participated in lawn and garden activities in 2016

Horticultural therapy reduces risk factors of dementia by **36%**



Eldergrow gardens provide oxygen and purify the air



Benefits of horticultural therapy:



Improves motor skills

Improves sleep

Reduces agitation



Improves self-esteem

Acts as an anti-depressant



Reduces falls

Elevates mood



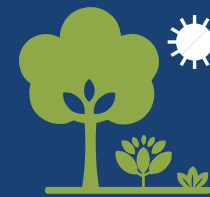
DON'T FORGET...



Bouquet flowers have a short life span



You can't fish the fish in the aquarium



Outdoor gardens are subject to good weather



Eldergrow gardens provide purpose and gives residents something to look forward to